

THE HEIGHTS

CALIFORNIA HEIGHTS NEIGHBORHOOD NEWS

INSIDE THIS ISSUE:

Cal Heights at the Rancho	1
President's Message	2
Wine Crush Event	2
Step Out for Diabetes	3
Bob Foster Guest Speaker	4
Restoration Trade Fair	4
Havana Nights	5
The Big One	5
Eco Corner	5
The Heights	6
Orange Avenue Trees	7
Joy Ride	7
Dana Branch Turned 50!	8
Cleanin' Up	8
Longfellow Fall Festival	9
Calendar	10

President

John Royce | 997-9094
roycelockart@msn.com

Home Tour Coordinator

Kerrie Weaver | 424-6727
calheights@earthlink.net

Newsletter Editor/Layout

Stacey Morrison
newsletter@calheights.org

Newsletter Idea Submission

newsletter@calheights.org

Official CHNA Website

www.calheights.org

The Heights is a bimonthly publication of the California Heights Neighborhood Association. All residents are invited to contribute articles and opinions. We reserve the right to edit for clarity and brevity. Opinions expressed are not necessarily shared by all residents nor the editor. Our goal is to provide a voice to our community and keep residents informed of issues affecting California Heights.



Cal Heights Fun at the Rancho



What a great turnout for the September 14th Cal Heights Volunteer Appreciation and End of Summer Social at Rancho Los Cerritos historic sight! More than one hundred attended the event, enjoying tours of the historic adobe, pizza, watermelon, ice cream and cookies, live music and the wonderful atmosphere of the rancho lawn and its massive and majestic Morton Bay Fig, one of the grandest and oldest trees in the city.

The kids had fun too, running around the grounds and all its hiding places! And thanks to our vice president, Ilana Brackett, they had a great time with more than twenty hula hoops they found scattered on the rancho lawn.

The event was organized to say thanks to all who volunteer their time and efforts. From newsletter distribution, Home Tour homeowners, docents, and tree planting volunteers, it was a fun way to thank all who contribute and enjoy one of our last summer evenings in a special place with our neighbors, friends and families.

The mood was wonderfully set by our resident musicians, John Phinney and Andy Morrison. While never having played together, you couldn't tell it by the quality of the music. They specifically chose and practiced all of the numbers just for the event, so special thanks go to them for their efforts.

It couldn't have been more fun distributing the prizes donated by our local businesses. We gave away gift certificates and items totaling more than \$500! (cont'd pg 3)

president's message

A MESSAGE FROM JOHN ROYCE

We were excited to see so many of you at the CHNA Evening at the Rancho. It was a wonderful way to say goodbye to summer and enjoy one of our local treasures – no fundraising, no hectic schedule, just a beautiful southern California evening to say thanks to all of our volunteer friends, family and neighbors.

The following weekend Rose Park hosted its first annual Restoration Trade Fair. We were there bright and early with the good ol' Cal Heights Model T mascot truck. At the historic district booth, we had a chance to mingle with members of other districts, share advice and ideas, and present our neighborhood to guests - quite a few Cal Heights residents too, including some new residents looking for ideas and resources to restore their "new" old homes.

At University by the Sea, Cal Heights Releaf and Tree People Los Angeles helped manage the tree planting portion of this dynamic event. Downtown's East Village is a little greener, and soon our little trees will grow to provide shade, clean air and fight global warming.

Currently our board member, Kathryn Costantino, is busy organizing for our wine tasting fundraiser at the Wine Crush in Belmont Heights (read more below). It benefits CHNA's plans to resurrect summer movie nights. The equipment is pricey, but will make showing films under the stars a quality experience for our residents, and a snap to put on.

Read more about these events elsewhere in this issue of The Heights. It's our last newsletter of the year as we prepare to spend our holidays with family and friends . . . and a new president! Don't forget to vote. Cheers!



CHNA Wine Tasting Fundraiser

On Sunday October 19, between 2:00 pm and 6:00 pm, CHNA is hosting a fundraiser at the Wine Crush, located at 3131 East Broadway, between Redondo and Temple.



If you are unfamiliar with the "Crush," it is co-owned by Cal Heights residents Tracy Parker and Marcus Crawshaw. It's a great place to kick back and relax while savoring some great wines! Come catch up with neighborhood friends and meet new residents of our community. CHNA looks forward to resurrecting the Cal Heights summer movie series. All funds raised will be used toward new projection equipment, which could also be used at future home tours and community meetings.

Tickets are \$30 advance, \$35 at the door. The tasting includes 6 wines. In addition the Crush will donate 10% of all other sales made during the event to CHNA. Mail checks, payable to CHNA, 3553-A Atlantic Avenue #350, Long Beach, CA 90807 or pay on line at calheights.org. ❀

Join the Cal Heights
E-Mailing List!

Enjoy periodic updates
on local happenings,
meetings and resident alerts.

Request adding
your email address at
calheights@earthlink.net.

Report lost pets at
lostpets@calheights.org.





**Unlimited
Yoga
\$20
for two
weeks
*new students**

FreeSpirit
Yoga

**3910 Atlantic Ave,
Bixby Knolls
parking and entrance in back
(562) 989-9959
freespiritryoga.com**

(from pg 1) Thanks to Alsace Bakery, B&B Hardware, Bixby Knolls Business Improvement Association, Cal Heights Market, Free Spirit Yoga, Il Poggio, Nino's, Spa Zina, Trattoria Limone and Vintage Emporium for generously donating to help us say thanks! And we thank them all for being neighborhood partners.

Rancho Los Cerritos' executive director, Ellen Calomiris, happily welcomed the surprising number of guests that toured the adobe, many for the first time! It's amazing how many of our local residents have never had the opportunity to visit this treasured site, so we are happy that so many of you did. Besides tracing the history of Long Beach and California through the rancho's storied past with living history tours and holiday Candlelight Tours, the amazing local resource offers summer concerts, teen docent programs and a myriad of other offerings like Mud Mania to entertain, teach, and even give busy parents a break during the summer. Put their website rancholoscerritos.org in your web favorites and visit their calendar often for opportunities and events. We thank the rancho and their volunteers who made the site available to us after hours.

Of course, we have to thank our board members who volunteered their time to help thank you! We had a great time and hope you did too. Next time we promise to deep freeze the ice cream bars, sandwiches and drumsticks, and I'll make sure to bring a microphone! 🌸

Step Out to Fight Diabetes

Join your Cal Heights neighbor, Thomas Leary and his team, The Bad Islets, at downtown's Shoreline Marina in support of the American Diabetes Association 5K walk on Saturday, October 18th at 9:00 am. Walkers will enjoy the beautiful walk around Rainbow Harbor and Shoreline Village with downtown vistas and the majestic Queen Mary. Treated to a hero's welcome as they cross the finish line, participants will be treated to lunch, live entertainment, product sampling and fun activities. Registration begins at 8:00 am.

For information call 1.888.DIABETES or go to www.stepout.diabetes.org, where you can sign up, start your own team, sponsor a walker or volunteer. 🌸

Be "In the Knolls!"

Stay up to date with the Bixby Literary Society Schedules, First Fridays, Strollers Walking Club and more at bixbyknollsinfo.com

SHOP LOCALLY

DOORS and WINDOWS

SALES - INSTALLATION - SHOWROOMS

B & B HARDWARE

Two locations:

929 E. Wardlow Road 562-490-2669

387 Redondo Ave. 562-438-2669

BnBHardware.com State Lic. B-893650



Julie Woolley
Proprietor

The
Vintage
Emporium

Delightful Gifts For You & Your Home
www.VintageEmporium.com

3423 Orange Ave.
Long Beach, CA 90807
(562) 988-8460

CALIFORNIA HEIGHTS SPECIALIST SINCE 1993

LEWIS EBERSOLE

TOP 1% OF ALL AGENTS IN THE UNITED STATES



For information on
buying or selling,
please call me.

562-858-0607

RE/MAX
REAL ESTATE SPECIALISTS

SUPPORT LOCAL BUSINESSES



Kevin Poi, QSC
Your Neighborhood Specialist

For EXCEPTIONAL REAL ESTATE SERVICE
with EXCEPTIONAL RESULTS, please give
me a call today!

562.595.9586

Visit me online @
www.kevinpoi.com



Edmund P Janik
Insurance Agent
Ed Janik Insurance Agency

FARMERS

Auto • Home • Life • Business • Workers Compensation
3505 Long Beach Blvd. #2-O
Long Beach, CA 90807
Bus: 562-285-0816
Fax: 562-285-0606 License# 0532773
ejanik@farmersagent.com

Fairfield Family YMCA

Membership Includes: Healthy Lifestyle Center, Yoga, Aerobic Classes, Water Fitness, Member & Lap Swim, A variety of Zumba Classes and more...

We Also Offer: Swim Lessons (Group & Private), Karate, Music Lessons, Before & After School Care, Seasonal & Holiday Day Camps and more...



4949 Atlantic Avenue, Long Beach, CA 90805
562-423-0491 • www.lbymca.org

Mayor Bob Foster to Guest the October Community Meeting

If you haven't already seen the announcement in our official Cal Heights email blasts, Mayor Foster will be our guest speaker at our October 16th Community Meeting. The meeting will take place in our usual Petroleum Club lounge location at 7:00 pm. The Mayor's presentation will follow brief community updates from the Long Beach Police Department and our Seventh District Council Office. This will be our last community meeting of the year. ☼

Restoration Trade Fair

The first annual Restoration Trade Fair, put on by the Rose Park Neighborhood Association, celebrated a success that will surely see it return next year and hopefully for many more to come. Like our Cal Heights Home and Garden Tour, the Rose Park Historic District's event promotes the preservation of our wonderful old homes.

Along with informative talks and presentations, the trade fair presented residents with more than fifty vendors that provide alternative services to the standard home center and home remodeling fare, with an accent on preservation, restoration and rehabilitation sensitive to maintaining the historic charm and character of our historic neighborhoods.

These types of events, along with home tours, sip and savor events, and restoration programs collectively keep preservation efforts in the public eye. It's been a long time since we've had a fair like this to present residents of our historic districts and precious old homes the resources and contacts they need to do the types of renovations we ask of them.

CHNA proudly sponsored and supported Rose Park's efforts. The success of the fair for Rose Park's fundraising effort is a success for all of us, and we look forward to seeing it grow to become an integral part of our historic district culture in Long Beach. ☼



Cal Heights Booth



The Cal Heights Truck

Havana Nights

Save the date! On Friday, October 24, the fun returns as the Petroleum Club, with the Bixby Knolls Business Improvement Association, throws open its doors to the public once again with "Havana Night!" Enjoy the evening with friends, neighbors and local business people from 8:00 pm to 1:00 am with expanded bar service, live music and dancing. No cover charge, drink minimums, or membership necessary. For more info, visit www.bixbyknollsinfo.com. The Petroleum Club is located at 3636 Linden Avenue. 🌿

Are You Ready for the Big One?

Join Wendy Austin and Farmer's Insurance for an informative and fun Earthquake Awareness Event at Los Cerritos Park (where Bixby Road dead ends to the west) on Saturday, October 25th from 10am – 3pm.

Free earthquake and community support information will be presented by the California Earthquake Authority, the America Red Cross, the Southern California Earthquake Center, Boy Scouts of America, the Long Beach Fire Department and Long Beach Water Department. Plus, visit the Farmers Emergency Response Catastrophe Mobile, win earthquake kit raffles, and bring the kids for free popcorn and hot dogs!

For more information, visit www.wendyins.com, or call 562.426.0491. 🌿



SPRINKLER ADJUSTMENT!

As fall is here, the days are already growing shorter, the nights cooler, and the chance for rain is growing by the day. Since our lawns and gardens use most of our household water supply, skipping a day

or two in your irrigation schedule can add up to lots of water savings.

RECYCLE FOR EDUCATION!

Longfellow Elementary School recycling program returns. Bring in your plastic bottles (lids off but included), aluminum cans (crushed), ink and toner cartridges, each Friday to the bicycle cage near the north end of the school's auditorium. You can help the earth and your local school! Last year the recycling program raised enough money to pay for a new projector in the school auditorium.

SUPPORT LOCAL BUSINESSES



2951 Cherry
Avenue in
Signal Hill
(Just opposite the
BMW dealership)

OUR NEW LOCATION IS



(562) 426-0694

"We have a brand new building with plenty of parking and our concept has expanded to include a full liquor license, lunch and dinner. We have a walk-in dining room, a seven course prix fixe room and a wine cellar that features a ten course meal for parties of 4 to 6. Come visit us soon!"

**Repair Your Windows!
Don't Replace Them!**

We specialize in Older & Vintage Homes!



**WINDOW
RESTORATION
& REPAIR**

Local References Available

(562) 493-1590

Repairing Windows is all we do!

www.window-restoration-repair.com

Alford's English Gardens
Landscape Designer

Design & Landscape
Certified Horticulturist
Consulting Arborist

562 882-8394

License #831062

www.kathyalford.com

SAVE GAS, SAVE TIME...

CARPET CLEANING

**Assured Quality
Carpet Cleaning**

100% Satisfaction Guaranteed!

CARPET CLEANING FOR THE HISTORIC HEIGHTS

- Area Rug Specialist, ON or OFF premises
- The BEST and MOST POWERFUL Truck Mounted Equipment
- Includes Pre-Treatment
- 250° High Temperature Steam Used
- Includes Pre Vacuuming
- Quick Drying
- No Hidden Charges Ever!
- Owner Operated
- Long Time California Heights Resident



562-424-6100

We protect your investment!

Ceramic ♦ Porcelain ♦ Glass ♦ Natural Stone

Extensive & Unique Selection

The Tile Zone
Design Center

562.988.8429 • Fax 562.988.8505

3677 Atlantic Ave.
Long Beach, CA 90807
www.TheTileZone.com
lic# 837768

Custom Design ♦ Installation

Hardwood ♦ Laminate

Hand Made Tile

BUNGALOW KEV



INTERIOR-EXTERIOR DESIGN & CONSULTATION
KEVIN DOHERTY 562-434-1942

The Heights

by Eric Kirven

I hope you are enjoying your copy of The Heights. This newsletter is delivered to your doorstep bimonthly by volunteers from the neighborhood. From our youngest volunteer, David Medina, to our oldest, well no names here, the Cal Heights Board would like to thank each and every one of them for giving their time and effort.

They deliver the newsletter by street, both sides, from Bixby to Wardlow. It takes anywhere from 45 minutes to an hour and we don't even charge for the workout. As a volunteer you would be asked to do one street. Some of our volunteers are gracious enough to deliver to more than one street. Volunteers are not committed to deliver the newsletter every time it comes out, just when they are available. When the call goes out, I fill up the street list with those who call back first. The more people who volunteer the less each person has to do. That being said, we could use more volunteers (especially near Lime and Olive on the west and Rose and Gardenia on the east).

If you are interested in volunteering for newsletter delivery or any of the other projects that go on in the neighborhood, send an email to calheights@earthlink.net or leave a message at 562-424-6727.

I have had the privilege of coordinating the delivery of your newsletter for the last two years. I look forward to several more years of working with each and every one of you. Thanks Again!

Our current newsletter volunteers are:

Marsha Brown & Mike Crosby	Chanda Mendoza
Carol Choate	Allison Migliaccio
Kathy Costantino & Jan Watson	Elsa & Richard Morgan
Greg Czorek	Stacey & Andy Morrison
Barbara Dill	Mong Noiboonsook
Mike Donelon	Denise Ortiz
Alan Fishel	Rita Powell
Diana & Jeff Harrah	Tim Price
Terry Hew	BJ Roberts
Paula Isenberg	John Royce & Kent Lockart
MaryAnne & George Janquart	Bob Scherzinger
Vanessa Landesfeinnd	Gayle Short
Irene Landry	Wanda Simms
Jennifer & Greg Mason	Jay Stewart
Kim & Paul McWaid	Patricia Stewart
David Medina	Francis Stoner
Merit Medina	Dave Wheeler

I hope I spelled everyone's name correctly. My apologies to anyone I left off the list. 🌸

Orange Avenue Residents Love Their Trees

On a recent walk to Trattoria Limone, I noticed how well most of our Orange Avenue residents are taking care of their trees. Many of them have been keeping the suckers trimmed from the base and most importantly, have kept a grass free area around the trees' bases. This is the best way to ward off damage from weed whackers and lawn mowers. While this can wear away the bark and kill even a mature tree, the tender tissue of young trees are especially vulnerable, and it continues to be the number one reason we lose our ReLeaf planted trees. If they keep it up, they'll have big, beautiful trees gracing their street in no time! Keep up the good work! 🌱



Joy Ride

California Heights resident Tim Price (right), with a little help from a friend, heads off for his first bicycle ride since suffering a massive stroke four years ago. There is life after stroke!

Stroke survivors and their families can find hope, support, understanding, information and resources by attending weekly meetings of the Long Beach Chapter of the Stroke Association of Southern California. Three groups meet concurrently for an hour and a half; a group for 55 and Under stroke survivors, a group for 56 and Better stroke survivors and a group for family members. Discussions are led by trained facilitators.

Meetings are held Tuesdays at 10:00 am (except for one-month breaks in April, August and December) at 3759 Orange Avenue (corner of Bixby and Orange). For more information call 562-537-0556. (Additional resources American Stroke Association, 888-78-7653, www.strokeassociation.org; National Stoke Association, 800-787-6537, www.stroke.org; and National Institute of Neurological Disorders & Stroke, www.ninds.nih.gov.) 🌱

...SHOP LOCALLY

Trusted Realtor Since 1982



Linda Bonniwell
(562) 889-6576

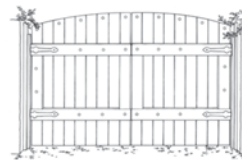
Prompt Personal Attention
International President's Circle
Quality Service Awards

bonbuild@verizon.net
www.lindabonniwell.com



Coastal Alliance

MAKE AN *Entrance*
WITH A GORGEOUS GATE



Visit our website to see the possibilities
for enhancing your home.

RichCo
GATES

RichCoGates.com 562.597.4200
RichCo Outdoor Construction | Long Beach, CA

**ELECTRICAL
WORK (any)
562-856-9010**

STATE LICENSE C-10# 786182

REWIRING • NEW SERVICES • SUBPANELS • MULTI-DWELLING UPGRADES • NEW CIRCUITS • 220 LINE CIRCUITS
TROUBLESHOOTING • RECESSED LIGHTING • FOUNTAINS
INSTALLED • SECURITY LIGHTING • SIGN SERVICES
CONSTRUCTION • REMODELING • SPAS INSTALLED

SUPPORT LOCAL BUSINESSES



“couch pawtatoes”

Lisa and Amy are alphas.
They're part of the Alpha family of care experts and know that dogs, just like people, need exercise & interaction to thrive. Whether its a brisk walk or a group outing, Alpha is helping to raise a generation of healthy, social & active pups.

Enroll **your** dog in one of our daily walking and group programs.

562.547.3589
www.alphapetcare.com

alpha
pet care

pet sitting · dog walking & exercising
doggie day camp · overnight care

Don & Harold's
Automotive & Evaluation Center

ESTABLISHED 1944
500 East Wardlow Road
Long Beach

426-7321

ONE BLOCK NORTH
OF 405 FWY.
BETWEEN ATLANTIC
& L.B. BLVD.

AAA
Approved
Auto Repair
50+
CALIFORNIA
ASC
Professional
Automotive Service

500
E.W.

Kenna's PAINTING

CUSTOM WORKMANSHIP
INTERIOR & EXTERIOR
562.271.3513

license #886957

Dana Branch Turned 50!

The Dana Branch Library celebrated its fiftieth birthday this month. Much has changed since the library opened, but one thing hasn't – Cal Heights residents still have the pleasure of watching families cart books to and from our local library. A community without its library comes up short, so we are lucky to have ours right in our midst! Congratulations! We're glad they are part of our community.



John Royce and 7th District Council member Tonia Reyes-Uranga

Here's to another fifty! 🌸



Dedicated volunteers making a difference!

Cleanin' Up

On Saturday 9/27 the BIA organized a street clean up for Atlantic Avenue, Long Beach Boulevard and everything in between. About 100 volunteers came out to pull weeds, sweep, pick up litter and return shopping carts.

Afterwards Atlantic Avenue and Long Beach Boulevard looked wonderful! Thanks to all who came out to help! 🌸

Longfellow Elementary Annual Fall Festival

Grab the family and join the Longfellow Parent Teacher Association for an old fashioned Western Style Carnival from 11:00 am to 4:00 pm on Saturday, November 8th.



The Harvest Round-Up will have delicious food, exciting games, great music and a scarecrow contest-vote for your favorite.



Local restaurants participating include Catalano's Pizza, Patricia's Mexican Restaurant, Johnny Reb's, Dippin' Dots, Miss Priss's Cupcakes as well as Loreena's Kettle Korn and the Hot Dog Cart.

Kids can create their own sand art, pan for gold, win a gold-fish, participate in the book walk, slide down the inflatable slide and race in the Pinewood Derby (Pinewood Derby Car Kit Order Form is available at the Longfellow Elementary School Office at 3800 Olive Avenue, 562-595-0308).

Hope to see you there! 🌸

Close Ups & Glimpses

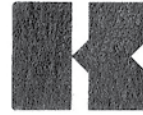



Photos by Kent Lockart

Email your close up or glimpse (neighborhood icons, interesting garden projects, architectural details or anything that you think defines Cal Heights) to newsletter@calheights.org.

SUPPORT LOCAL BUSINESSES

CERTIFIED INTERIOR DESIGNER



Karen Highberger
INTERIOR DESIGN, INC.

Cal Heights Resident
714-436-0826

period sensitive kitchen & bath design
color consultation
custom window treatments
furniture



*...where the Western Mind
meets the Eastern Soul*

Rejuvenating Facial & Body Treatments
Specialty Peels
20% off your first Treatment

visit: 3421 Orange Ave. online: www.spaZina.com
call: (562) 743-1309 email: zina@spaZina.com




- Customized Home Marketing
- Customized Home Search
- Free Home Market Analysis

Century 21
BEACHSIDE

o: (562) 430.2121
c: (562) 533.4922

JEFFANDERSONREALTOR.COM

BARTLETT ROOFING

"First in Service"

**FREE ESTIMATES • LOW PRICES
HIGHEST QUALITY • LOCAL REFERRALS
LICENSED • BONDED • INSURED**



www.elkcorp.com

Call Dennis Bartlett
(562) 427-0688
CA LIC. #629882





COMMUNITY CALENDAR



Thursdays: Farmer's Market - 3 to 6:30 pm (Atlantic at 45th)

First Fridays! 11/7 and 12/5- firstfridayslongbeach.com

Saturdays: Strollers Walking Group - 7:30 am at our local

Atlantic Avenue It's a Grind

10/16 7:30 PM CHNA Community Meeting @ The Petroleum Club Guest speaker - Mayor Bob Foster. The LBPC is located at 3636 Linden Avenue.

10/18 Old Fashioned Country Live and Silent Auction Visit the California Heights United Methodist at 4:30 pm to bid on the Silent Auction items, enjoy baked potatoes and chili. www.calheightsumc.org 562-595-1996.

10/19 CHNA Fundraiser at The Wine Crush 2-6pm. 3131 East Broadway, (between Redondo and Temple) (see article). Purchase tickets at calheights.org.

10/24 BIA's Havana Night@ The Petroleum Club It's another great opportunity for BIA members and residents to get to know each other in the Knolls.

11/08 (through 11/08) Goud Theatre – Shakespeare's "Love's Labour's Lost" Free classic movies.

12/05 Candlelight Tours return to Rancho Los Cerritos. Reservations now being accepted for the popular evening candlelight tours of the historic adobe 12/5 & 12/6- 6:30 - 9:30 pm - \$10.

IMPORTANT NUMBERS

7th District Council - Tonia Reyes-Uranga

570-6139 email: district7@longbeach.gov

8th District Council - Rae Gabelich

570-1326 email: district8@longbeach.gov

Airport Noise

570-2665 / 570-2600

California Heights Neighborhood Association
424-6727

California Heights ReLeaf

997-9094

Dana Branch Library

570-1042

Fire Department

570-2500

Graffiti Paint-Out

570-2773

Garage Sale Hotline

570-YARD (9273)

Long Beach Building Department

570-6651

Long Beach Animal Control

570-PETS (7387)

Neighborhood Preservation Officer-Jan Ostashay

570-6864

Noise Control

570-4126 (press 4)

Parkway Tree Trimming/Removal

570-2755

Police Department (Emergency-on Cell Phone)

435-6711

Police North Substation (Non-Emergency)

570-9800

Rancho Los Cerritos

570-1755

Senior Check-In

570-7212

Street Potholes

570-3259

Tree Trimming

570-2700

Serving the Community for Generations



WGRealEstate.com

3530 Atlantic Ave #100

Come in ... Let's Talk!

Make the Dream a Reality!

(562) **824-4846**

Connie Wildasinn

Broker - Owner